

WellBeing@Work *Oranga Mahi* helps businesses

Achieving and maintaining positive workplace mental health and wellbeing is an essential component of a healthy, safe and productive workplace. Investing in a mentally healthy workplace makes good business sense.

A recent Harvard Business Review study found that happy employees have, on average: 31% higher productivity; their sales are 37% higher; and their creativity is three times higher. Conversely mentally unwell employees showed significantly higher levels of sick leave, injuries, workplace conflict and personal grievance.

WellBeing@Work *Oranga Mahi* is a compact, professionally delivered programme that integrates easily into an organisation and enables businesses to:

- Work with staff experiencing mental distress, including assisting them to return to work and putting mutually agreed wellness plans into place
 - Strengthen the workplace environment to sustain positive and productive mental health
 - Assist companies to meet current health and safety and other statutory obligations
 - Access high-quality healthy workplace resources
- Join with other business leaders and major organisations using WellBeing@Work to build healthier more connected workplaces that work better for everyone.

Why be involved?

- Workplaces that achieve WellBeing@Work *Oranga Mahi* **accreditation** are recognised as providing a workplace that empowers staff to know how to support each other's wellbeing.
- Join with other **businesses leaders** and major organisations who are leading the way in adopting wellbeing initiatives designed specifically for the workplace.

Your first step

Contact us to find out how you can add WellBeing@Work *Oranga Mahi* to your strategic toolbox.

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WellBeing  **Work**
Oranga Mahi